



Learning Center Building
22000 Gibraltar Rd., Flat Rock, MI 48134

CAP SHEET

PROGRAM:

Personal Living Skills (FCS)

TEACHER: M. Vrabel

SCHOOL: Woodhaven

Credits given in addition to regular CTE are:

- 4th Year Math Related 1 Credit
- VPAA 1 Credit

Articulation agreements and/or licensure opportunities are:

- Davenport University

Prequisites for this program (including application processes if needed) are:

- No prerequisites currently required



**THIS PROGRAM OFFERS EXCELLENT CAREER OPPORTUNITIES FOR
BOTH MALE AND FEMALE STUDENTS**

BRIEF DESCRIPTION OF THIS PROGRAM

Personal Living Skills (PLS) students will learn about human sexuality in an atmosphere of comfort and respect for all. Students will examine and explore issues, such as the teen years, sexual decision-making and behavior, and sexual exploitation. In addition, the male and female reproduction systems will be studied. Sexually transmitted infections and family planning options are two other major topics that will be covered in this class.

Family Living students will examine all of the issues which might occur during their adult life including marriage and family. The students will be asked to use their critical thinking skills in the areas of love and marriage, strengthening the family unit, managing resources and all of the challenges that might arise during the course of their adult life.

Foods and Nutrition students will utilize the foods lab to apply the concepts, skills and cooking techniques learned to create a variety of food dishes and meals. Emphasis will be placed on the nutritional aspect of foods.

SPECIAL FEATURES OF THIS PROGRAM

This class offers outstanding opportunities for young people to better prepare for their future.



DCTC

**Proud To Bring Career-Technical Education To Our Students At:
Airport, Flat Rock, Gibraltar-Carlson, Grosse Ile, Huron, Riverview,
Southgate-Anderson, Trenton and Woodhaven**

STATEMENT OF COMPLIANCE WITH FEDERAL LAW

The Downriver Career Technical Consortium complies with all Federal laws and regulations of the U.S. Department of Education. It is the policy of the Downriver Career Technical Consortium that no person on the basis of race, color, religion, national origin or ancestry, age, gender, height, weight, marital status, disability, or limited English proficiency shall be discriminated against, excluded from participation in, denied the benefits of, or otherwise be subjected to, discrimination in any program or activity to which it is responsible or for which it receives financial assistance from the U.S. Department of Education. Furthermore, the Consortium will encourage participation by all of the above.